

FSC 2026: Session: 5: COACH evaluation sheet for TEAM: SOS

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Buggenhout Koen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 50M BUTTERFLY MEN **Heat:6, starttime: 10:36**

Heat: 6/10 Lane : 3 Athlete: COENE XANDER **Q-time: 00:26:50**

PB (50m pool): 00:26.50 Gent 08/02/2026 **PB (25m pool): 00:29.16 SB: 00:26.50 Gent 08/02/2026**

	5 0 M	
PB	00:26.50	
	<i>00:26.50</i>	
	

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN **Heat:3, starttime: 11:00**

Heat: 3/7 Lane : 6 Athlete: COENE XANDER **Q-time: 01:04:13**

PB (50m pool): 01:04.13 Antwerpen 27/07/2025 **PB (25m pool): 01:01.24 SB: 01:05.37 Gent 08/02/2026**

	5 0 M	1 0 0 M	
PB	00:31.51	01:04.13	
	<i>00:31.51</i>	<i>00:32.62</i>	
	

Coach feedback: